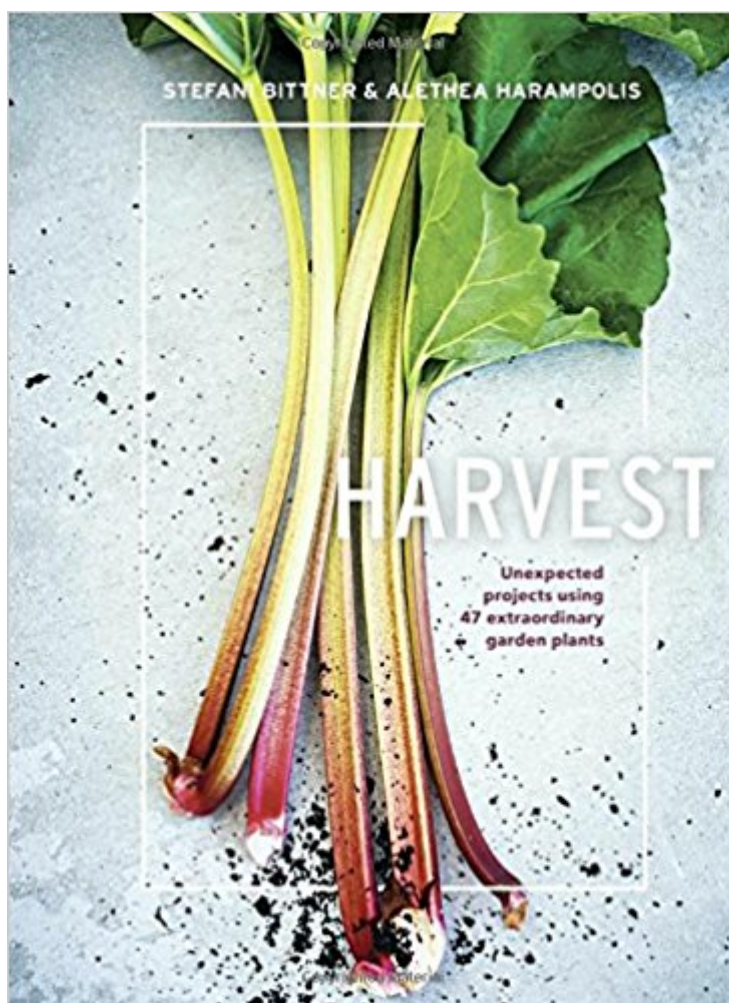


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# Harvest: Unexpected Projects Using 47 Extraordinary Garden Plants



## Synopsis

A beautifully photographed, gift-worthy guide to growing, harvesting, and utilizing 47 unexpected garden plants to make organic pantry staples, fragrances, floral arrangements, beverages, cocktails, beauty products, bridal gifts, and more. Every garden--not just vegetable plots--can produce a bountiful harvest! This practical, inspirational, and seasonal guide will help make any garden more productive and enjoyable with a variety of projects using unexpected and often common garden plants, some of which may already be growing in your backyard. Discover the surprising usefulness of petals and leaves, roots, seeds, and fruit: turn tumeric root into a natural dye and calamintha into lip balm. Make anise hyssop into a refreshing iced tea and turn apricots into a facial mask. Crabapple branches can be used to create stunning floral arrangements, oregano flowers to infuse vinegar, and edible chrysanthemum to liven up a salad. With the remarkable, multi-purpose plants in Harvest, there is always something for gardeners to harvest from one growing season to the next.

## Book Information

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## Customer Reviews

As seen in Time, Vogue, Organic Life, C Magazine, Beekman 1802 Almanac, and on Food52, Mind Body Green, Well+Good, and many more!"Harvest achieves the nearly impossible balance of being aspirational yet totally achievable, tempting me with all the goodness that I can create from even the most common plants (including parts of them I never before thought to use). The projects are fresh and unfussyâ from bath time to booze time, salads to salves. I plan on showering the

people in my life with projects from *Harvest*; each is infused with love and uses my favorite medium "the garden." —Johanna Silver, Garden Editor of *Sunset* magazine and author of *The Bold Dry Garden*

Homestead Design Collective landscape designers Stefani Bittner and Alethea Harampolis combine work and play in their artful tome. The two transform the best of the harvest with ideas like quick-pickled rhubarb, and whimsical, French-style lilac-scented cream. —*Food & Wine*

An inspiring, instructive book by specialists well-versed in horticulture that manages to be both a very informative garden guide and a source of inspiration for lovely and delicious ways to use your garden bounty. —*Edible East Bay*

47 plants, with notes on growing them and a project for each, including salves, salads, mixed drinks, herb infused oils and casual bouquets. —*San Francisco Chronicle*

Arranged according to seasons, and accompanied by dramatic and intimate color photos, these creative and eclectic projects make a great resource for the earth-minded lover who relishes nature's gifts but needs new ways of cultivating them and deriving their bountiful benefits. —*Publishers Weekly*

"One of winter's best books." —*Modern Farmer*

An attractive and inspiring collection good for gardeners of any type. —*Library Journal*

Practical and inspiring all at once, *Harvest* inextricably weaves together the pleasures of the kitchen and the garden for cooks and gardeners. —Samin Nosrat, chef and author of *Salt, Fat, Acid, Heat*

Harvest is about enjoying ALL parts of our garden's plants. While both beauty and flavor are celebrated, the authors take DIY to even deeper levels. They share innovative projects that nourish our taste buds, nurture our skin, and even feed our soul. But they do this by using every plant part imaginable including roots, seeds and petals. *Harvest* is a must-have resource for anyone who wants to truly utilize every bit that their garden has to offer. —Theresa Loe, *Living Homegrown*

STEFANI BITTNER and ALETHEA HARAMPOLIS are the owners of Homestead Design Collective, a San Francisco Bay Area landscape design firm. Bittner is co-author of *The Beautiful Edible Garden* and Harampolis is co-author of the bestselling *The Flower Recipe Book* and *The Wreath Recipe Book*, and a co-founder/owner of the floral design company Studio Choo.

I am head of the harvest team for a garden that grows food for the local food bank and I love this book. Often our clients have no idea how to prepare our vegetables and the recipes are easily adapted to their tastes and pantries. This book is a delight.

I loved this book for giving me the research and the recipes to try out. I can't wait till spring!

I like books with colorful pictures. I love books that make me read cover to cover. This is one of those books. There are many plants that I never thought of growing before reading this book. Very enjoyable.

Beautiful pictures, lots of fun ideas. Very versatile in it's writing style to give you more ideas with a table at the back for alternatives to each recipe.

Just as advertised. Great book and excellent service.

I was really looking forward to this book since it was discussed on a podcast that usually has great recommendations. The book does have beautiful photography but not much content. The projects are not really anything interesting. For example the "wreath" projects are a couple twigs tied together and many of the projects consist of simply adding edible flowers to butter and then cheese, and then drinks. Very disappointing.

Harvest: Unexpected projects using 47 extraordinary garden plants, authored by Stefani Bittner and Alethea Haramopolis and published by Ten Speed Press, is a beautiful book about planting a garden that is so much more than just an everyday kitchen garden. This book, divided by the seasons best to plant and harvest (early, middle, or late season) talks about different plants and their usefulness in both culinary and home decor. This book touches on so much more than just the plants most people think of when they think of gardening, such as tomatoes and carrots. Harvest details planting edible herbs, bushes and flowers and gives a recipe or use of each plant in the kitchen, or as a way to freshen and beautify the inside of your home, as well as the outside. The photography in this book is beautiful; each page has a stunning picture of either the plant being discussed or the results of the recipe using said plant. The only thing Harvest lacks is more in-depth information about the actual growing of the plants. While it does talk about the areas of the US that the plants grow, it doesn't talk much about the practicalities of growing the plants in conjunction with each other. In addition, though it talks about the USDA hardiness zones that each plant thrives in, a map featuring these zones is nowhere in the book. Instead it lists a website you can visit to find the map. Easier would have been to simply print the map in the appendices or reference section to make it easier for the reader. Overall, this book is bright and colorful, and a fantastic reference for those who would wish to make their yards and gardens practical and useful, as well as ornamental. I would recommend this book anyone who is looking to transform their garden from practical to

ornamental. This book was provided to me free of charge from Ten Speed Press via Blogging For Book in exchange for an unbiased, honest review. Harvest: Unexpected projects using 47 extraordinary garden plants © 2017 by Stefani Bittner and Alethea Haramopolis Publisher: Ten Speed Press ISBN-13: 978-0-399-57833-5

I really like the idea of living off the land and learning to make my own things, so is it really any small wonder that I'd be interested in a book that provides inspiration for different projects using garden plants? Harvest goes through different plants, tips on growing them, what to harvest, how long you can store em', and a different "project" you can create with it. Not all the projects are edible, but I feel like there's gotta be something in here for everyone! The book is divided into 3 different gardening seasons: Early (late winter to early spring) Mid (summer to early fall) Late (late fall to early winter) The 47 projects include salad dressings, salads, edible flower-pressed cheese, tea bundles, facial masks, herbal sugar (scented geranium sugar), edible flower-infused vinegar, a salve for minor sores/wounds/bites/stings, iced teas, natural dyes, marigold bitters, a lemongrass salt scrub (definitely right up my alley since I like to make my own skin care products!), custom herb blends, lip balms, gin & tonic, edible flower-infused water, smudge sticks to burn as incense, margaritas and flower/herb arrangements to decorate your home. Harvest is full of beautiful photographs and there's a part that gives you project ingredient alternatives at the end of the book. The resource page at the end has sites listed for where to get beeswax, fermentation jars, floral accessories, seeds, herb + edible flower plants, etc. I'm not much into decorating (my apologies to my bare apartment walls), so I would've appreciated a few more non-decorative ideas, and there are definitely some plants in here that aren't your common run-of-the-mill ones, but I'm still definitely looking forward into trying out the DIY skin care products and edible awesomeness. If you're an avid DIYer or gardener, this would be an awesome book to check out!

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